

# Create a Vision Board

## FIRST



Create a foundation. Doodle a heart on your work board then fill it up with I Am statements that fit your dreams and goals.



## SECOND

Cut from magazines and papers anything and all the things that support your goals and dreams. Get a little crazy and dream super big. No goal is too much.



## THIRD

Adhere them to your work board with Therm-O-web adhesives. Add you your board using washi tapes, stickers, ribbons, twine and all the fun crafty things.

*Ideas:*

Attach an envelope and put ideas inside.  
Fold a piece of paper and make a flap to add more room.  
Punch a hole and tie something fun to your board.  
Layer things and allow yourself to be a tad wild.



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## FOURTH



Sign and date your vision board!

## FIFTH

Display your board someplace where you can see it lots and lots. Share it and tell your family and friends about your dreams and goals. Your vision will start manifesting so hold on.....! Dreams come true!



Create Happy!